



ADIA
FOUNDATION



PROJECT PROPOSAL

HEALTHY FUTURES



"A Multi – Location Medical Camp
Initiative for Underprivileged
Communities"

Submitted by:
Adia Foundation





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Introduction

Adia Foundation presents the "Healthy Futures" initiative, a series of medical camps aimed at providing essential healthcare services to underserved communities. Over 6 weeks and 6 prime locations, we will address key health concerns including dental care, diabetes, blood pressure, dermatology, general health, gynecology, maternity, and eye care.

Supported by a mobile medical van, the camps will provide free consultations, diagnostics, medicines, and health education to thousands of individuals in need. With a budget of ₹1 crore to ₹1.5 crores, we seek CSR partnerships to help make this impactful program a reality and ensure healthier futures for these communities.





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CONTENTS:

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+ OVERALL PLAN SUMMARY

- 1.Total Budget: ₹1,00,00,000 – ₹1,50,00,000
- 2.Locations: 6 (rotating weekly)
- 3.Duration: 6–8 weeks minimum
- 4.Mobile Medical Van: Active throughout
- 5.SPECIALITIES COVERED:
 - Dental
 - BP & Diabetes
 - Dermatology
 - General Check-up
 - Gynecology
 - Maternity Support
 - ENT





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1. Dental care



✓ Service provided

- Free dental check-ups and consultations
- Basic dental treatments (fillings, extractions, cleaning)
- Awareness on oral hygiene, preventive care, and proper brushing techniques
- Distribution of free dental care kits (toothpaste, toothbrushes)

✓ Revised Budget:

- Daily Cost: ₹52,950
- Total Cost for 6 Weeks (42 days): $₹52,950 \times 42 = ₹22,21,900$

✓ Expected Beneficiaries:

200–300 individuals per day (across 6 locations)





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2. Diabetes and BP screening



✓ Service provided

- Blood pressure measurement and monitoring for hypertension
- Blood sugar testing for diabetes, awareness on managing both conditions
- Lifestyle counseling (diet, exercise, stress management)
- Distribution of free medications for BP and diabetes (as needed)

✓ Revised Budget:

- Daily Cost: ₹46,350
- Total Cost for 6 Weeks (42 days): $₹46,350 \times 42 = ₹19,44,700$

✓ Expected Beneficiaries:

150–200 individuals per day (across 6 locations)





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3. General Health check-up



✓ Service provided

- Full-body health screening (basic tests like hemoglobin levels, cholesterol, ECG if needed)
- Basic health consultations for general medical concerns (fever, headaches, body pain, etc.)
- Distribution of prescribed medications based on diagnosis
- Education on preventive healthcare, nutrition, and wellness

✓ Revised Budget:

- Daily Cost: ₹39,758
- Total Cost for 6 Weeks (42 days): $₹39,758 \times 42 = ₹16,70,776$

✓ Estimated Costs:

250–300 individuals per day (across 6 locations)





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4. Gynecology:

✓ Service provided

- Free gynecological consultations for women's health issues (period irregularities, infections, etc.)
- Family planning counseling and awareness on contraception
- Cervical cancer screening (Pap smears, HPV tests if possible)
- Treatment and advice for common female health issues

✓ Revised Budget:

- Daily Cost: ₹46,350
- Total Cost for 6 Weeks (42 days): $₹46,350 \times 42 = ₹19,44,700$

✓ Estimated Costs:

50–100 women per day (across 6 locations)





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5. Maternity care



✓ Service provided

- Free prenatal check-ups for pregnant women
- Basic maternal health education (nutrition, exercise, safe pregnancy practices)
- Detection and management of pregnancy complications (high-risk pregnancies, gestational diabetes, etc.)
- Postnatal care and advice on infant care
- Referrals to specialized maternity care or hospitals if needed

✓ Revised Budget:

- Exact Daily Cost: ₹59,525
- Total Cost for 6 Weeks (42 days): $₹59,525 \times 42 = ₹24,99,050$

✓ Estimated Costs:

30–50 women per day (across 6 locations)

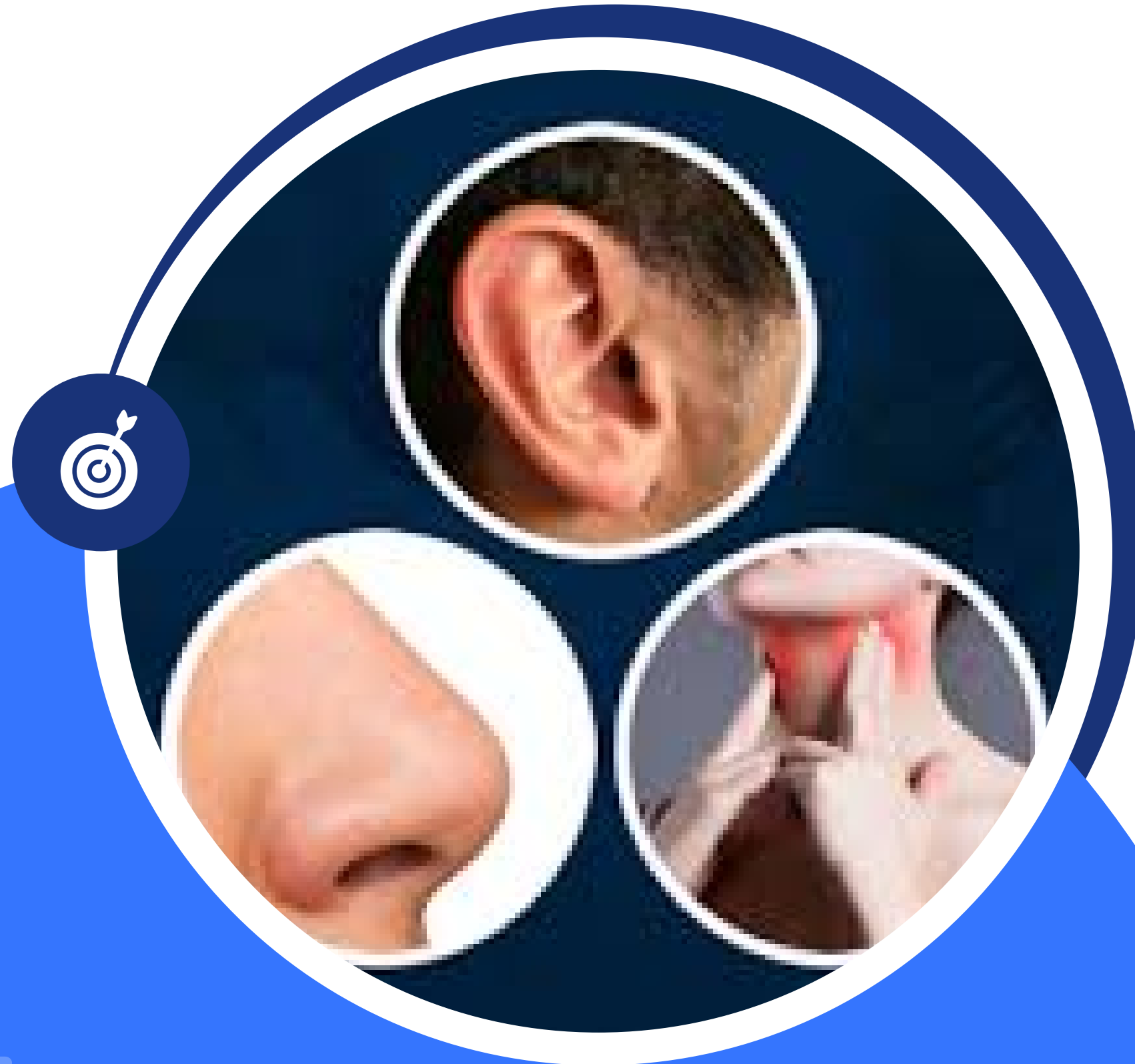




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6. ENT



✓ Service provided

- Free eye check-ups for vision screening
- Eye disease detection (e.g., cataracts, glaucoma, retinal diseases)
- Free eyeglasses (for those diagnosed with refractive errors)
- Awareness on eye care, hygiene, and protection

✓ Revised Budget:

- Exact Daily Cost: ₹39,528
- Total Cost for 6 Weeks (42 days): $₹39,528 \times 42 = ₹16,59,120$

✓ Estimated Costs:

100–150 individuals per day (across 6 locations)





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BUDGET BREAKDOWN

> 1. Infrastructure & Setup (Each Camp) – ₹3-4 lakhs per location

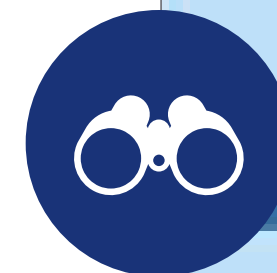
Total for 6 Camps: ₹18–24 lakhs

Includes:

- Tents, tables, chairs, partitions
- Sanitation units
- Power, water, cooling, basic signage
- AV setup for health education

> 2. Mobile Medical Van (1 Van, Full Duration) – ₹10–12 lakhs

- Fully equipped with basic diagnostics (BP, Sugar, ECG, Dental, Eye testing)
- Branded with NGO logo + health messaging
- Driver, fuel, maintenance for 2 months
- Option to lease/refurbish if budget is tight



MEDICAL CHECK





> **3. Medical Staff Honorarium – ₹20–25 lakhs**

(Per camp/week & for mobile unit):

- Doctors – General (2), Gynae (1), Dentist (1), Dermatologist (1), Ophthalmologist (1)
- Nurses & Paramedics – 3–4 per site
- Pharmacists, lab techs, volunteers

> **4. Diagnostic Tests & Equipment – ₹15–20 lakhs**

Covers weekly testing across all locations:

- BP, Sugar, ECG, Hemoglobin kits
- Pregnancy tests, Pap smear tools
- Dental chairs (portable or rented)
- Eye check-up kits (Auto Refractor, etc.)
- Portable ultrasound machine (if needed for maternity support)
- Dermatology exam tools





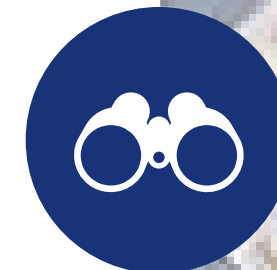
5. Medicines & Consumables – ₹10–15 lakhs

- BP, Sugar, Fever, Antibiotics
- Iron, Folic Acid, Calcium, Multivitamins
- Dental hygiene kits
- Eye drops, spectacles (low-cost frames)
- Skin creams, antifungals, dermatological soaps
- Maternity supplements & hygiene kits
- Sanitary napkins & mother-care kits



6. Specialty Equipment Purchases (Reusable) – ₹5–7 lakhs

- Auto-refractor for eye screening
- Portable dental chair + light
- Dermatoscope
- Digital BP machines, Glucometers
- All of these can be reused at each camp and in the mobile van



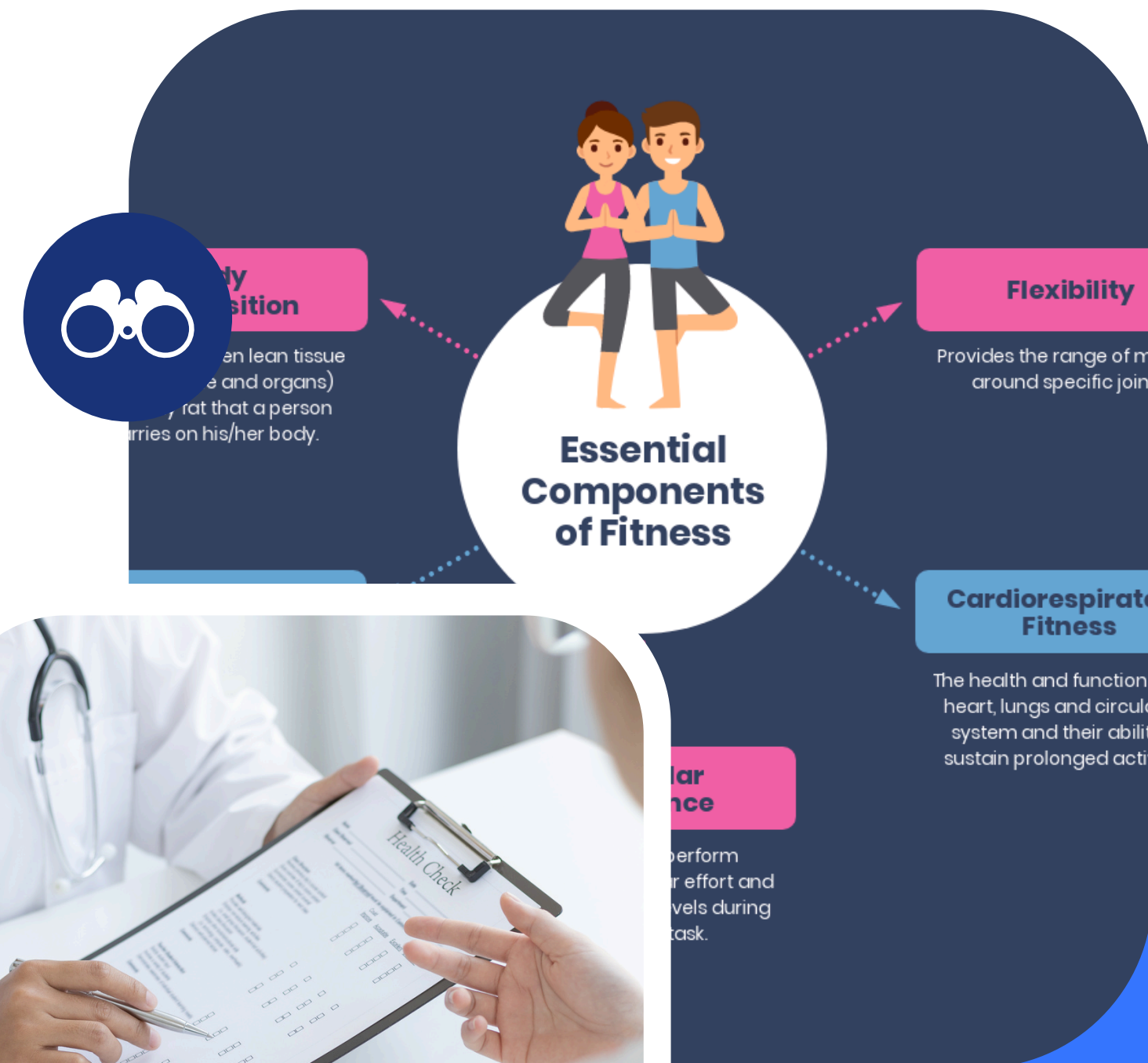


> 7. Technology & Record-Keeping – ₹3–5 lakhs

- Digital registration (mobile/tab based)
- Patient cards for future follow-up
- Tracking software for data collection
- Telemedicine backend (optional)
- Photography & documentation

> 8. Health Awareness Materials – ₹2–4 lakhs

- Printed guides: diabetes, skin, dental hygiene, pregnancy
- Posters, booklets, session handouts
- Educational talks during camps





➤ 9. Transport & Logistics – ₹4–6 lakhs

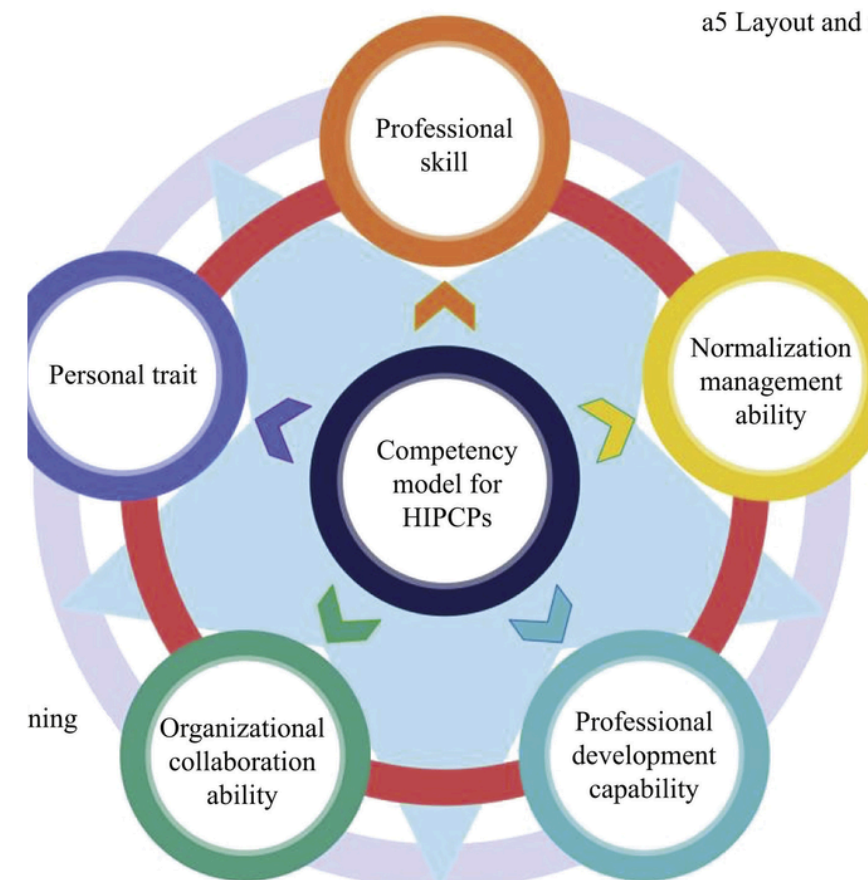
- Movement of equipment & teams to each site
- Temporary storage between camps
- Ambulance tie-up if needed

➤ 10. Food, Refreshments & Water – ₹3–5 lakhs

- For patients (basic water & biscuits/ORS)
- For staff and volunteers

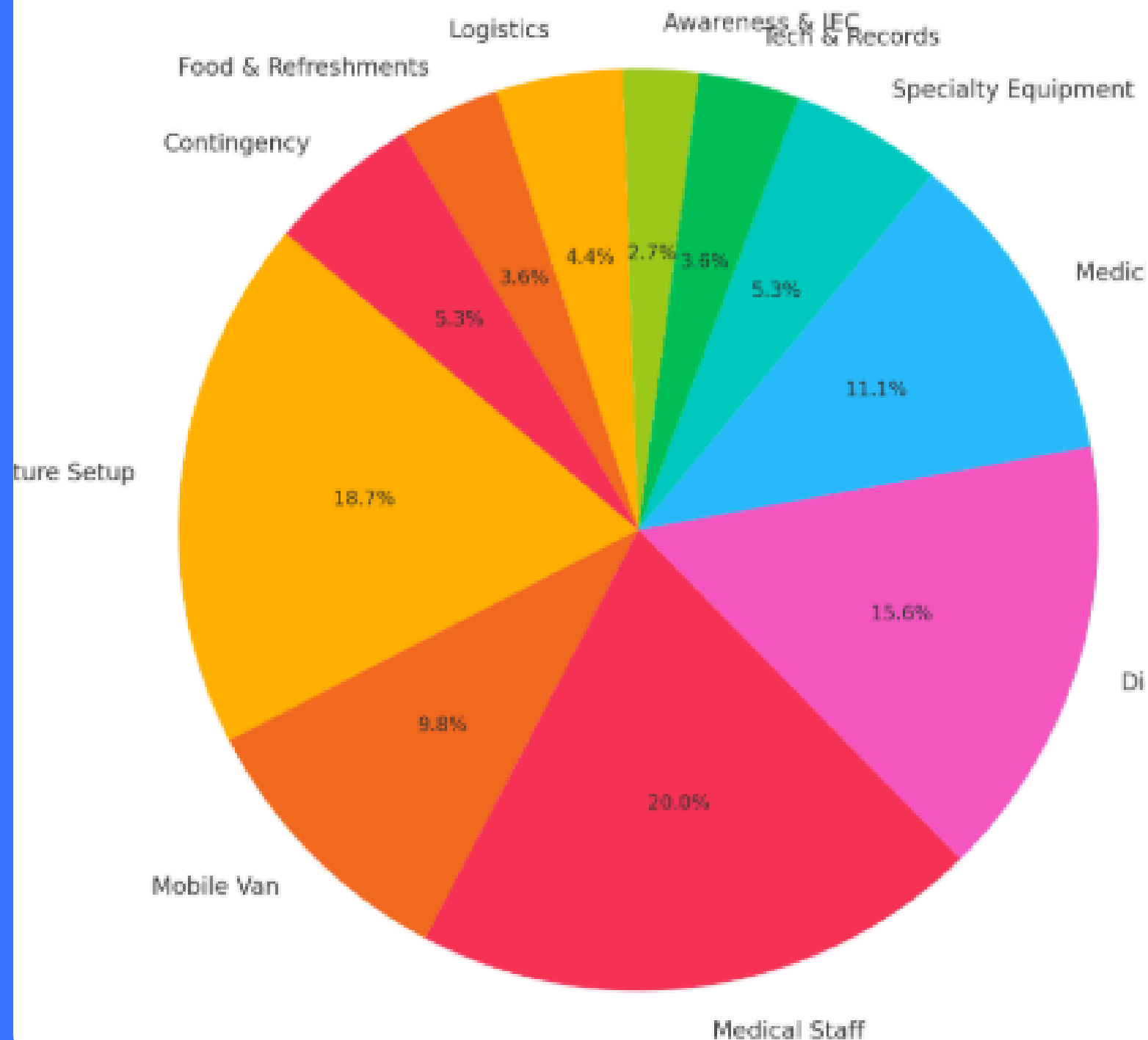
➤ 11. Permissions, Contingency & Misc. – ₹5–7 lakhs

- Local authorities' permissions
- Police, sanitation support
- Unforeseen medical/emergency cases
- Buffer for inflation or extended weeks





Budget Allocation by Category (Average Values)



+ **Total Budget Range:**
₹1 Cr – ₹1.5 Cr

CATEGORY	AMOUNT (₹ Lakhs)
Infrastructure Setup	18-24
Mobile Van	10-12
Medical Staff	20-25
Diagnostics	15-20
Medicines & Kits	10-15
Specialty Equipment	5-7
Tech & Records	3-5
Awareness & IEC	2-4
Logistics	4-6
Food & Refreshments	3-5
Contingency	5-7
Total	₹1 Cr – ₹1.5 Cr





Conclusion:

The “Healthy Futures” medical camp initiative is more than a series of health camps — it’s a tangible investment in human dignity, well-being, and long-term community resilience. With a robust operational plan, targeted healthcare services, and a proven grassroots network, we are ready to deliver measurable, life-changing impact to thousands of underserved individuals. Your CSR partnership can turn this vision into reality. Together, we can bridge the healthcare gap, support maternal and child wellness, prevent chronic disease, and inspire healthier, empowered communities.

We look forward to collaborating with you on this vital mission.



Phone

+91 636475616



Address

G-02, Susspring Apartment,
Saptagiri Layout, Nagappa
Block, Subramanyapura Post,
Bengaluru – 560061



E-Mail

adiafound@gmail.com



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Earlier outreach programs

Donation for Orphanages

It was done to improve:

- Improves Children's Lives
- Support Education and Growth
- Strengthen Communities





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+ Earlier outreach programs

Importance of backbone (Medical camp) at Puducherri

This was done to:

- Provide Access to Care for Underprivileged Communities
- Raise Awareness About Spinal Health
- Encourage Healthy Lifestyles+





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Earlier outreach programs

Women's Self Defense workshop

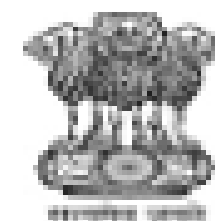
This was done for the:

- Empowerment of women
- Promote Safety and Awareness
- Build Mental Strength and Confidence



Documents:

CSR Certificate



GOVERNMENT OF INDIA
MINISTRY OF CORPORATE AFFAIRS
OFFICE OF THE REGISTRAR OF COMPANIES

Dated : 13-05-2024

NOTE - THIS LETTER IS ONLY AN APPROVAL FOR REGISTRATION OF THE ENTITIES FOR UNDERTAKING CSR ACTIVITIES.

To,
ADIA FOUNDATION , 43/22, POONAMALLI ROAD,,EKKATTU
THANGAL,,CHENNAI,TN01,TN,600032

PAN : AAITA0873B

Subject: In Reference to Registration of Entities for undertaking CSR activities

Reference: Your application dated 13-05-2024 (SRN-F95462230)

Sir/Madam,

With reference to the above, it is informed that the entity has been registered for undertaking CSR activities and the Registration number is CSR00072753. Please refer the registration number for any further communication.



Registrar of Companies

ROC-DELHI

Note: The corresponding form has been approved and this letter has been digitally signed through a system generated digital signature.





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Documents:

Registration Certificate

80 G Unique Reg. No. AAITA0873BF2024101



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Potential made Possible

Regd. No. R / Chennai South Joint 1 / Book-4 / 99 / 2020 Dt. 25.08.2020

Niti Ayog TN / 2021 / 0282070

- G-02, Sunsprings Apartment
Saptagiri Layout, Nagappa Block
Subramanyapura Post, Bengaluru 560 061
- adifound@gmail.com

Registration No.	:	R / Chennai South Joint 1 / Book-4 / 99 / 2020
Date of Registration	:	25.08.2020
PAN	:	AAITA0873B
Purpose of Trust	:	<ul style="list-style-type: none">Promote Growth & Development of Sports & Education in IndiaProvide Financial Assistance and Scholarship to deserving CandidatesProvide Donations to Poor & NeedyProvide Donations / Financial Assistance to PatientsGrant of Donation to any Temple / Mosque / Church or Religious InstitutionsTo run Hospitals / DispensariesProvide Grants for betterment of Farmers / Agriculturists
Exemptions :		
12A / 12AA Regn. No.	:	AAITA0873BE20241
Date of Issue	:	14.04.2024 Validity: AY 2027-2028
80G Regn. No.	:	AAITA0873BF20241
Date of Issue	:	14.04.2024 Validity: AY 2027-2028
CSR Activities	:	CSR00072753 dated 13.05.2024
LEI Regn. No.	:	984500IFDB5B9A4A1E09 Validity: AY 2024-2025
DARPAN ID	:	TN / 2021 / 0282070
Income Tax filed till	:	2023-24





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Documents:

NITI Aayog Certificate

EO & Unique Reg. No. AATR000738F2000101



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Potential made Possible

Regd. No. B / Chennai South Joint 1 / Block-4 / 89 / 2020 Dt. 25-08-2020

NITI Aayog TN / 2021 / 0282070

- 6-02, Sunspring Apartment
Saptagiri Layout, Nagappa Block
Subramanyapuram Post, Bangalore 560 081
- adiahond@gmail.com





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Documents:

80G Certificate

80 G Unique Reg. No. AATTA08738F2024101



ADIA FOUNDATION

Potential made Possible

Regd. No. R / Chennai South Joint 1 / Book-4 / 99 / 2020 Dt. 25.08.2020

80G Appr. TN / 2021 / 0282879



G-102, Sunprides Apartment
Saptagiri Layout, Nagappa Block
Subramanyapuram Post, Bangalore 560 081



adiahfndt@gmail.com

FORM NO. 10AC

(See rule 17A/17AA/2C)

Order for provisional approval

1	PAN	AATTA08738
2	Name	ADIA FOUNDATION
2a	Nature of Activities	Charitable
2b	Address	
	Flat/Door/Building	G-102, SUNPRIDES APARTMENT, SAPTAGIRI LAYOUT
	Name of premises/Building/Village	NAGAPPA BLOCK, SUBRAMANYAPURA POST
	Road/Street/Post Office	Subramanyapura S.O
	Area/Locality	Madanavathi Nagar
	Town/City/District	BANGALORE
	State	Karnataka
	Country	INDIA
	Pin Code/Zip Code	560061
3	Document Identification Number	AATTA08738F2024101
4	Application Number	100100090070404
5	Unique Registration Number	AATTA08738F2024101
6	Section/sub-section/clause/sub-clause/paragraph in which provisional approval is being granted	12 which clause (A) of clause (iv) of first proviso to sub-section (2) of section 80G
7	Date of provisional approval	14-04-2024
8	Assessment year or years for which the trust or institution is provisionally approved	From AY 2025-26 to AY 2027-2028
9	Order for provisional approval	<p>a. After considering the application of the applicant and the material available on record, the applicant is hereby granted provisional approval with effect from the assessment year mentioned at serial no 8 above subject to the conditions mentioned in rule number 10.</p> <p>b. The taxability, or otherwise, of the income of the applicant would be separately considered as per the provisions of the Income Tax Act, 1961.</p> <p>c. This order is liable to be withdrawn by the prescribed authority if it is subsequently found that the activities of the applicant are not genuine or if they are not carried out in accordance with all or any of the conditions subject to which it is granted, if it is found that the applicant has obtained the provisional approval by fraud or misrepresentation of facts or if it is found that the assessee has violated any condition prescribed in the Income Tax Act, 1961.</p>
10	The approval is granted subject to the following conditions:-	





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Documents:

12A Certificate

ISO 9 Unique Reg. No. AAT608738F20241101



ADIA FOUNDATION

Potential made Possible

Regd. No. R / Chennai South Joint 1 / Book-4/ 99 / 2020 Dt. 25.08.2020

991 Ayeg TN / 2021 / 0280078



Q-02, Sunspings Apartment
Saptagiri Layout, Nagappa Block
Subramanyapuram Post, Bangalore 560 061



adafoundation@gmail.com

FORM NO. 10AC

(See rule 11A/11AA/3C)

Order for provisional registration

1	PAN	AAT608738
2	Name	ADIA FOUNDATION
2a	Nature of Activities	Charitable
2b	Address	
	Flat/Door/Building	Q-02, SUNSPINGS APARTMENT, SAPTAGIRI LAYOUT
	Name of premises/Building/Village	NAGAPPA BLOCK, SUBRAMANYAPURAM POST
	Road/Street/Post Office	Subramanyapuram S.O
	Area/Locality	Subramanyapuram
	Town/City/District	BANGALORE
	State	Karnataka
	Country	INDIA
	Pin Code/Zip Code	560061
3	Document Identification Number	AAT608738F20241101
4	Application Number	991202100780424
5	Unique Registration Number	AAT608738(2024)
6	Section/sub-section/circular/chapter/provision in which provisional registration is being granted	10A/10AA/3C of sub-chapter (ii) of chapter (iii) of sub-section (1) of section 12A
7	Date of provisional registration	14.04.2024
8	Assessment year or years for which the trust or institution is provisionally registered	From AY 2025-26 to AY 2027- 2028
9	Order for provisional registration:	
	a. After considering the application of the applicant and the material available on record, the applicant is hereby granted provisional registration with effect from the assessment year mentioned at serial no 8 above subject to the conditions mentioned in row number 10.	
	b. The liability, or otherwise, of the income of the applicant would be separately considered as per the provisions of the Income Tax Act, 1961.	
	c. This order is liable to be withdrawn by the prescribed authority if it is subsequently found that the activities of the applicant are not genuine or if they are not carried out in accordance with all or any of the conditions subject to which it is granted, if it is found that the applicant has obtained the provisional registration by fraud or misrepresentation of facts or if it is found that the assessee has violated any condition prescribed in the Income Tax Act, 1961.	
10	The registration is granted subject to the following conditions:-	





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Documents:

Pan Card

UD G Unique Reg. No. AAITA0873BF20241021



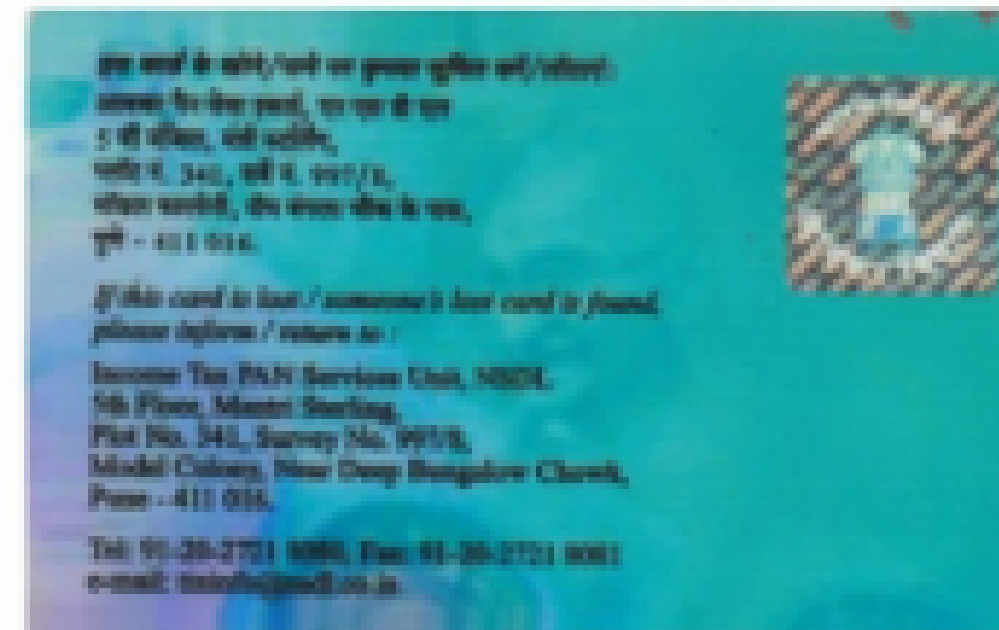
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Potential made Possible

Regd. No. R./ Chennai South Joint 1 /Block-4 / 99 / 2020 Dt. 25.08.2020

MS Reg TN / 2021 / 0082070

- 10-02, Sunspring Apartment
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- adifound@gmail.com





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Thank You.

